

## **Board of Commissioners**

## PRESS RELEASE

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## Third Annual Lake County Caregiver Forum Scheduled for October 29!

PAINESVILLE, Ohio, September 19, 2024—The Board of Lake County Commissioners, in collaboration with the Lake County Council on Aging and Lifeline, is excited to announce the third annual Caregiver Forum set for Tuesday, October 29, 2024, at 10:00 a.m. This free event will be held at the Holiday Inn Cleveland Northeast-Mentor located at 7701 Reynolds Rd., Mentor. The forum is sponsored by Laketran, How Money Works, the Legal Aid Society of Cleveland, Cornerstone Caregiving, the Enclave at Newell Creek, University Hospitals Lake Health, Western Reserve Area Agency on Aging, and Schraff Thomas Law.

This year's forum will include a keynote presentation by Kristi Horner, CFPS, Founder and Executive Director of Courage to Caregivers, on the theme, "Finding Hope Amidst Uncertainty." Attendees can also look forward to breakout sessions featuring Lake County Probate Judge Mark Bartolotta discussing advance directives, as well as CarePatrol of NE Ohio sharing insights on senior living options and how to pay for them.

The Caregiver Forum is open to everyone, but advance registration is required. A complimentary lunch will be provided to all registered participants. Interested individuals can register by visiting the county's website at <a href="https://www.lakecountyohio.gov/senior-services/lake-county-caregiver-forum/">www.lakecountyohio.gov/senior-services/lake-county-caregiver-forum/</a> or by scanning the QR code below.

"This forum is being organized in an effort to share vital information regarding local resources for aging and caregiving," stated Commissioner John T. Plecnik, President of the Board. "We understand that there is a significant need for this type of support, and we are committed to being there for our seniors."

"Caregivers juggle a multitude of responsibilities. While some older adults receive care from paid professionals, the majority depend on unpaid help from family, friends, and neighbors," explained Commissioner Richard J. Regovich. "It's crucial for both caregivers and older adults to be aware of and able to access the services and support necessary for successful aging."

"We encourage folks who need some help navigating resources for older adults to come out and connect with these agencies and others who share their experiences," noted Commissioner John R. Hamercheck. "This event is jam packed with helpful information and best of all, it's free!"

More than 30 local organizations will be present at the forum to offer information on a wide range of services and answer any questions attendees may have.

For further details about the Lake County Caregiver Forum, contact Alyea Barajas at <a href="mailto:alyea.barajas@lakecountohio.gov">alyea.barajas@lakecountohio.gov</a> or call (440) 350-2748.

